

MILLIMETRES 2 MOUNTAINS
FOUNDATION CIO



M2M VOLUNTEER PATHWAY



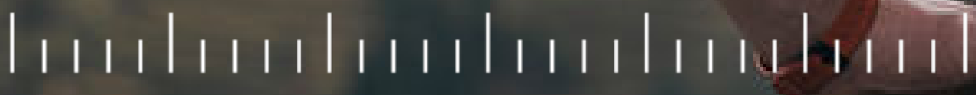
Charity no. 1188562





MILLIMETRES 2 MOUNTAINS
FOUNDATION

**VOLUNTEERING WITH M2M ISN'T
ABOUT DOING MORE, IT'S ABOUT
SHOWING UP WELL. WE GROW
OUR VOLUNTEERS SLOWLY,
INTENTIONALLY AND WITH CARE -
BECAUSE PEOPLE MATTER HERE.**





At M2M, volunteers are not an add-on – they are culture carriers.

Everything we do is shaped by our four core values:

- **Fun** – lightness, warmth, shared experience, humour when appropriate.
- **Safety** – physical, emotional and psychological safety always comes first.
- **Open** – no fixing, no judgement, no ego; people are enough as they are.
- **Slow & Steady** - we're all about taking it easy here at M2M.

We're not looking for superheroes. We're looking for grounded, kind humans who care deeply about people and respect the power of nature and community.

STAGE 1 EXPLORER

You've just heard about M2M and you'd love to help out. Perhaps you have wanted to volunteer for some time but you haven't know how or who to help. This is a great place to start. Simply follow the steps below and come along to one of our UK walks to support in whatever capacity you can.

01

Sign up using our Volunteer Form on the website.

02

Attend one of our Together Outdoors walks & meet our team.

03

If you like what you see, sign up to our Volunteer Training.

04

Become a Core Volunteer.

Our volunteer pathway is designed to be intentional, supportive and scalable. It allows people to grow with us while protecting the M2M culture.

STAGE 2 CORE VOLUNTEER

Responsibilities

Become a core part of the M2M community,

01

Recce and plan Together
Outdoors walks in your local area.

02

Complete the M2M Volunteer
Training and attend group calls
(2 per annum)

03

Volunteering at other M2M events
(optional)

04

Providing consistent, supportive
presence for beneficiaries

Requirements



Complete DBS
Check



Sign Code of
Conduct



Complete Together
Outdoors full
training

Benefits

M2M T-Shirt | Invite to Xmas Party | Behind-the-scenes updates and
impact stories | Access to New Heights Personal Development Course



STAGE 3

COMMUNITY LEADER

For anyone who has...



Done 12 months of volunteering with M2M.



Attended an M2M Beneficiary Event as a Volunteer.



Shows a long term commitment to M2M.

Responsibilities

Step it up a notch and become a valued Community Leader.

01

Leading on 3 -4 Together Outdoors Walks a year.

02

Lead Group Training once a year.

03

Organic chat within our community and whatsapp channels.

04

Be in the cohort to become a group leader on M2M Global Challenges.

Benefits

M2M T-Shirt | Invite to Xmas Party | Behind-the-scenes updates and impact stories | Access to New Heights Personal Development Course | Opportunity to attend fully covered Abroad Challenge as a Community Leader | Access to grants for further coaching or mental health awareness course

“M2M IS IN YOUR BLOOD”



OTHER

SPECIALIST VOLUNTEER

For anyone who...



Has knowledge in a specialist subject.



Works as a Therapist, Mentor, Coach, Physio, Dr etc.



Wants to provide FOC or discounted services to our beneficiaries.

How to get involved:

We'd love to introduce you to our community.

01

Sign up to our volunteer form.

02

Pitch an idea to our Charity Manager, Kimberly, to deliver one of our M2M Catch-Ups* or provide specialist support on an event or project agreed with Kimberly

03

Coordinate with our Charity Manager, Kimberly, and deliver a M2M Catch Up*.

04

Depending on the services you provide we can either match you up with a beneficiary or get you involved with our UK and global challenges.

* monthly online catch-ups with our wider community

Benefits

Able to access the benefits as stated above depending on commitment levels & services provided.





NEXT STEPS...

APPLY HERE

OR

**GET IN TOUCH AT
ELSA@MILLIMETRES2MOUNTAINS.ORG**

We look forward to having you as part of our
volunteering community.





MILLIMETRES 2 MOUNTAINS

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